# **ction**Dignity

# **Annual Report**

### 2022-2023

### CREDITS

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### Vision

Calgary is a just and equitable society for all

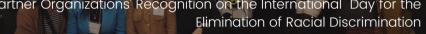
### Mission

To work together with ethnocultural, racialized, and equity-seeking groups to create transformational changes in our communities and society

### Values

Respect for diversity Equity and social justice Active citizenship and democratic participation Collaboration







Everyone is worthy of dignity & respect



2022-2023 Board Members Recognized at the AGM



Black History Month Movie Screening





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### Message from the Board











Hiroko Nakao

Arsaima Sultan Ashley Sayson Ernestine Bissou

Anh Bui











Turin Chowdhury Maimuna Khan Ram Sankaran

Tanvir Alam

Celebrating Collective Action is the best way to describe what 2022 has been for us. It was another incredibly exciting year for ActionDignity through the launch of our new Strategic Plan and reinforced collaborations with partners. While reorienting ourselves from COVID-19, our anti-racism and systems & policy change work have become pronounced through the shared platform model.

With a strengthening in leadership within the organization and our programs, ActionDignity is continuously building a path forward with our partners to achieve the collective goal of a just and equitable society for all. Working together in harmony will always be key to continuing our growth and broadening the impact we make throughout the organization and the communities we serve. We are proud to be part of this work and we thank you for your unwavering commitment.

> Hiroko Nakao **Board Chairperson**

### **Executive Director's Note**



ActionDignity's mission of working towards transforming our community and society is not complete without recognizing the relentless and strong efforts of our grassroot partners. At ActionDignity, to achieve collective impact is to acknowledge the massive contributions of our partner organizations whose collective actions deployed through community action plans continue to transform our communities.

In 2022-23, these collective actions included work on domestic violence, public safety, mental health, essential workers' rights, racism and systems and policy change and community empowerment. ActionDignity activated innovative and collaborative approaches to work with our funders, institutional partners, and ethnocultural communities. These collaborations are characterized by mutual respect and recognition of the various collective actions that have resulted in the impact we achieved.

At ActionDignity, collective action means working to undo conditions that stand in the way of realizing full citizenship and participation of racialized communities in Calgary's social, cultural, and economic life and to do so with a strong grassroots participation. We invite you to join us in our efforts to transform our communities and societies through collective action!

> Francis Boakye Executive Director

# **The ActionDignity Edge**



ActionDignity works with grassroots ethnocultural organizations and community led groups to maximize civic participation, enables them to collectivize their voices, collaborates actively with researchers and policy makers, to deploy innovative system change initiatives.

### **Collective Impact**



### 24,090 Calgarians

Impacted by ActionDignity's Work



### **119** Partnerships

Activated with community based organizations, non profits, service providers and government institutions



### 762 Community Leaders, Natural Supports and Brokers

Engaged in capacity building activities to deliver multiple community action plans





### 23,021 Racialized Community Members

Engaged in programs to promote active citizenship

As we returned to our regular programming after the pandemic, ActionDignity continued to forge ahead in its pursuit of equity. We continued to build our network of grassroots, community led groups and associations.

### **Social Inclusion**

Social Inclusion ensures equitable opportunities and empowerment for everyone to fully become active citizens. It applies intersectionality approaches and strategies like community organizing, community shared platform, community connector and community-based participatory action research (CBPAR) to support racialized communities to address systemic barriers on mental health, domestic violence and racial discrimination through leadership & natural support capacity building, community conversations and action plans.

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#### **Program Highlights**

- Strengthened leadership capacity in developing and implementing community-led action plans.
- Improved access of racialized community members to domestic violence and mental health support services.
- Increased awareness and capacity of racialized communities through social inclusion events, trainings, workshops, and community conversation circles.
- Advanced social cohesion, connectedness, and sense of belonging through 400 trained natural supporters to provide the right assistance to survivors of domestic violence.
- The lived experiences of Black youth and racialized community members informed race-sensitive and trauma-informed mental health practices.

### Partner's Story

ECSSEN Career School was invited to partner with ActionDignity on a domestic violence awareness project because of its wide network and outreach in the Chinese community especially with their 24/7 community emotional support hotline. In partnership with ActionDignity, ECSSEN created video clips in Chinese and hosted community events to have conversations within the Chinese community on issues related to domestic violence.

"Through this partnership we learnt about the work that organizations were doing within other ethnocultural groups and we had the opportunity to share information about our work as well. Sukhwant and ActionDignity supported and guided us at every step of the way on this journey and we look forward to more partnerships in the future"



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As a newcomer to Calgary, the first community event I attended was 'meet your neighbor' at ActionDignity, which started my 10-year long association with ActionDignity, first as a volunteer and now as a Community Connector.

-Sukhwant Parmar

One of Sukhwant's roles as a Community Connector is to organize Community Conversation Circles which bring community members together to discuss issues and challenges they are facing in their neighborhoods and communities and empower them to create and deploy solutions.

More recently, another project Sukhwant worked on was called "Take a Stand" in partnership with FearIsNotLove, through which ActionDignity trained natural supports and assisted ethnocultural community groups to translate and disseminate resources on domestic violence.



# **LEAD for Change**

The LEAD (Leadership, Engagement, Advocacy and Development) for Change program promotes racial equity, inclusion and awareness on mental health, public safety, and workers' rights. It focuses on systems and policy change using a three-part strategy that includes community organizing, community-based participatory research, and community engagement/action in systems change work so that ethnocultural communities fully participate in economic, social, and civic life.

### **Program Highlights**

- 211 students participated in a dialogue on their experiences around the School Resource Officer program to inform a reimagined SRO program.
- Contributed to the Community Safety Investment Framework strategy. An active member of the Staying Safe Implementation Team.
- The City's 4-year Anti-Racism Strategic Plan and Framework, which is informed by the various consultations led by ActionDignity with Habitus was launched in May 2023.





### Partner's Story >>>

Drug addiction, street crimes and mental health were issues confronting Ida's Black community during the pandemic. When she conducted a focus group session through the Lead for Change program, she learned that when youth get involved with the police, they feel a lack of support, or awareness along with fear and mistrust.

Together with other budding women leaders, Ida organized a relationship building initiative between her community and the members of the Calgary Police Services. Around 36 members from the community and 4 police officers two of whom belong to their ethnocultural group, attended the event. Ida and other women leaders believe that in order to untangle the complex issue of racism and race relations, it must start from seeing each other eye to eye and believing that there is dignity in each human being, whether one is wearing a uniform or not.

The event was such a success that Ida and her cohort are now planning to invite the CPS to their cultural nights and other community events. "We have their contact numbers in case we need to tell them", she said proudly. "I can feel the positive changes now."



The People's CAFÉ (People's Coalition to Advance Fairness and Equity) builds capacity of ethnocultural organizations to address the systemic barriers to social participation. Specifically, the project builds the anti-racism capacity of ethnocultural leaders within Calgary to facilitate and implement a community-led action plan.

#### **Program Highlights**

- Improved capacity on anti-racism of 45 community leaders from an intersectional perspective to address discrimination and systemic barriers that hold the racism/discrimination in place.
- Increased community relationships and understanding of the specific needs of diverse community members through community-led action plans that reached close to 500 individuals.



ActionDignity collectivizes the voices of racialized community members, which can in turn influence policy change.

#### -Rodel Paguirigan

As a Community Connector, Rodel uses various strategies to foster a connection with ethnocultural communities, making every effort to understand different cultures and perspectives, attending events organized in the community regularly and introduce how ethnocultural organization can gain from a partnership with ActionDignity.

Through this relationship building process, a group of 15 ethnocultural community leaders for the People's Café program was convened and formed an advisory council surfacing issues around racism and discrimination faced by members of their communities.



#### Partner's Story

Nepalese Community Society of Calgary (NCSC) serves members of the Nepalese community and provides a platform for them to foster their culture and work through the challenges they encounter in Canada.

One of the issues that NCSC focuses on is deconstructing patriarchal norms within the Nepalese community. In partnership with ActionDignity, NCSC organized Take A Stand workshops to build natural and peer support groups to address domestic violence and also organized an anti-racism awareness building cultural event for over 300 women.

– Sharmila, NCSC

## **The BLACK Project**

The BLACK (Becoming Leaders Acquiring Critical Knowledge) Project works with Black (African and Caribbean) youth in Calgary to focus on personal growth and development beyond the classroom. Although Black youth are often externally perceived as one demographic, their diversity (country of origin, culture, language, 1st or 2nd generation) hampers their sense of community. The project applies community development principles to offer workshops, field trips, and support for youth-led collaborative projects.

### **Program Highlights**

- Creation of leadership of the Youth
  Steering Committee to inform the project.
- The creation and release of the first ActionDignity short film, Secret Society, which was co-written and acted by Black youth.
- ✓ The project informed ActionDignity's first Youth Engagement Strategy co-created and informed by youth participants and ethnocultural community organizations.

### "

important to approach youth lt is programming with collaborative а mindset, ensure a seat at the planning table, advocate for youth leadership, capacity building, remuneration and incentives, safe space to talk openly with people with similar life experiences. It is also important to create a space for 'youth culture' - to recognize that their communication. nonverbal social expectations, values, worries are unique for their generation.

-Black youth engaged in the project



Isra anchored the BLACK project for youth at ActionDignity. The focus was on building meaningful youth engagement, financial literacy skills, mental health peer support and entrepreneurial abilities among Black youth.

Programs for youth are typically designed and tailored 'for' youth and rarely 'by' youth. The participants helped us understand the importance of engaging youth in the design process, and also learned about systemic barriers that prevent youth from participating in such programs. The participants expressed a strong interest in filmmaking so together we crafted a creative entrepreneurial project to produce a youth-led short film under the guidance of a Black director and playwright, Melanee Murray-Hunt.

### "



This was an interesting journey because it challenged the way we understood youth engagement and prompted us to craft a youth engagement strategy in collaboration with our participants.

> -Isra Abdelrahim, Project Facilitator

### **BRAVE Workers**

BRAVE (Believe in the Rights and Value of Essential) Workers project aims to empower the Cargill meatpacking workers to drive a safe and gainful working environment. The project deploys strategies such as community engagement and community participatory action research to inform systems change work and policy advocacy towards decent work. Stakeholders' engagement included the workers, union, non-profit organizations and members of the essential workers' rights advocacy group.





### **Program Highlights**

- Developed toolkits such as Workers' Rights and Workers' English Support Kits.
- Strengthened the capacity of ethnocultural communities to understand and address the needs of essential workers, built relationships, and organized learning and sharing sessions.
- Assisted in increasing understanding of workers on the Collective Bargaining Agreement (CBA) by facilitating its translation to 10 different languages. The workers successfully negotiated higher remuneration and got almost what they asked in the CBA.



I love helping people connect. I know how helpless it can feel when we don't know whom to call or where to go. As long as I can help somebody with what I know, then why not! -Norie Manuzon

Norie is a worker in Calgary and her husband works at Cargill. During the pandemic, when Norie's husband fell sick and had to be hospitalized, Norie was helpless, and she did not know whom to turn to for support. Fortunately, through a nurse at the hospital Norie learned about ActionDignity and the resources she could access. Later on, based on the experience and the knowledge that Norie gained she started to support other workers.

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During this time, workers had sorts of questions on managing their leave, applying for disability, understanding labor rules, dealing with the union. Through her Community Connector work, Norie was able to connect them to the right people in her network who could help them sort out these issues. Norie's network grew beyond Filipino workers to include Eritrean, Vietnamese, Afghan and South Sudanese workers too.

### Partner's Story >>>

Filipinos Rising for Inclusion and Equity to Nurture Democracy (FRIENDS) has been actively involved in the Filipino community for many years as a volunteer-run community organization and finally incorporated as a non-profit in 2021. During the pandemic and beyond, ActionDignity and FRIENDS forged a deeper collaboration to support temporary foreign workers whose livelihoods and working conditions were impacted significantly.

As part of this collaboration, FRIENDS anchored community conversation circles to learn more about the issues and challenges faced for TFWs, and develop worker resource kits for TFWs. A key outcome of the efforts was an improvement in the compensation and benefits that workers received.

-Erwin, FRIENDS

Public Safety



### Dismantling Systemic Racism, Transforming Lives:

The City of Calgary Anti-Racism Strategic Plan 2023–2027

Public safety has been and continues to be an important issue amongst racialized and indigenous the Recognizing communities. the prevalent experiences that are deeply rooted on racism. ActionDignity supports the City of Calgary's Anti-Racism Program through community consultations to inform the City of Calgary's Public Safety Anti-Racism Action Strategy. The project also seeks understanding with individuals who work with communities and individuals who are either at risk or have been involved with Calgary Police Services and the justice systems.

#### **Program Highlights**

- Engaged 1000+ racialized members through interviews/focus discussions and surveys on public safety experiences to inform the City of Calgary's Public Safety Strategy.
- Increased depth to the focus discussions findings by engaging knowledge keepers (Indigenous leaders), City of Calgary's Anti-Racism team and key departments, and other stakeholders (non-profit, academia).
- Gained understanding of critical strategic issues around community policing, systemic gaps, community, and policing relationships to inform the CPS' anti-racism strategic roadmap.

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I am a Metis father with two kids who are First Nation and I want to create a world in which they are seen as equal, all people are seen as equal before the law. —Ralph Scaglione

As a Community Connector at ActionDignity, Ralph is passionate about helping people, and finding solutions to things that we've been talking about for a long time. That's why he decided to participate in the Public Safety projects at ActionDignity and bring members of his community together to collectivize their voices and experiences with the public systems and officials.

Through 1:1 conversations and focus group discussions, the project was able to surface what many First Nations people see as systemic failures and systemic barriers that complicate their relationships with Public Safety officials. Community members called for better training to break down biased among officials and more efforts to address systemic failures and root causes of these issues.

### Partner's Story

Immigrant Outreach Society (IOS) is a volunteer-driven organization that was set up to meet the unique needs of the Eritrean-Ethiopian community in Calgary, with a specific focus on improving access and providing mental health support to members of this community.

IOS partnered with ActionDignity to anchor a community engagement process among Black and Indigenous youth to surfaces issues and their experiences with the School Resource Officer (SRO). Some youth shared stories of how they appreciated the effort and felt like connecting with the SRO when SROs made an attempt to get to know them and connect with them as individuals,

-Adi, IOS

### **Grow Platform**

The Grassroot Organizational EmpoWerment (GrOW) is a transformative learning and engagement approach enabling grassroots organizations to explore community issues, strengthen member capacity and develop organizational competencies to address community issues. GrOW platform is a NETWORK of ethnocultural, racialized COMMUNITY GROUPS and organizations who share a COMMON VISION of a just and equitable society and are committed to working towards EFFECTING CHANGES.

### **Program Highlights**

- Built connections and improved knowledge of 150 members and partner organizations on the GrOW strategy.
- Increased engagement opportunities through the listen, learn and share events and improved access to resources to advance their community work.
- ✓ 20 community leader representatives took part in 3 Focus Group Discussions to offer inputs for building organizational and leadership capacity for ethnocultural and racialized/equity seeking grassroots organizations.
- Facilitated collaboration between racialized community groups, service providers and funders to build strategic connections and address systemic barriers that hamper access to resources and growth of grassroots organizations.





### Partner's Story

The South Sudanese Community Action Group partnered with ActionDignity to organize a Reconciliation and Healing Conference in November 2022. The purpose of this conference was to initiate grassroots-driven action towards a sustained healing process, rebuild a fractured social fabric and find homegrown solutions to address problems affecting members of the South Sudanese Community in Alberta.

Sudanese community The South Alberta in is disproportionately affected by mental health, drugs and alcohol addiction, gangs and gun violence, family crisis and disintegration, homelessness, huge school dropout among children, the alarming rate of death among the youth from drug overdose and gun violence, and unemployment. The conference came at a critical time for community members to start having conversations about their wellbeing and future of the community and how the issues could be brought to the attention of the system and service providing agencies.

ActionDignity worked closely with conference organizers and volunteers to ensure the success of the event. More than 250 participants from all over Alberta attended the conference and generated calls to action to rebuild the social fabric of the community. The community has gotten more support from funders to disseminate and implement the Calls to Action generated from the conference.









# **Statement of Operations**

	2023	2022
REVENUE	\$1,828,982	\$2,549,486
TOTAL EXPENSES	\$1,848,641	\$2,472,903
EXCESS REVENUE	-\$19,659	\$76,583

### **Funders and Major Donors**

**Funders** 





ENERGY FOUNDATION







### **Partners and Networks**

#### Community Groups / Organizations

Afgan Community Group Association of Mexicans Calgary Bridge to Oasis Foundation Calgary Latino Calgary Sudanese Community Association Canadian Indian Cultural Peace Association Compra y vende en Calgary El Salvadorian Community Association Family and Children Peer Support Group **GFL Parent Support Network** Immigrant Learning Moms Society Immigrant Support Group Japanese Community Mexicanos Unidos En Calgary/Association of Mexicans in Calgary Mon Community Women's Association Mon Women's Organization Canada Mujeres Emprendedoras Calgary Nigerian Black Youth Leader **Resident PLEX** Salvadoreños en Calgary Single Mother's support group Spiritual Odyssey of Seniors and Youth Society

#### Nonprofits / Service Providers

Age Friendly Calgary **Best Help Family Foundation** Calgary Alliance for the Common Good Calgary Bridge Foundation for Youth Calgary Cultural Women's Association Calgary Immigrant Women's Association (CIWA) Calgary Local Immigration Parnership (CLIP) Calgary Stampede Foundation Canadian Mental Health Association (CMHA) Calgary Region Centre for Newcomers (CFN) Community Development Learning Initiative (CDLI) Dover Community Association Erin Woods Community Association Fearisnotlove Forest Lawn Community Association GFL Agency Collaborative Group Help Seeker Technologies Immigrant Services Calgary Kids Play Foundation Kids Up Front Latinos Unidos en Calgary

### **Partners and Networks**

Love with Humanity Spirit of GFL Committee The Alex Community Food Centre The Immigrant Educational Society The Voice of Immigrants and Newcomers Trauma Informed Collective (TIC) Women In Needs Society

#### Institution / Government Partners

Alberta Health Services Outreach Team Calgary Housing Calgary Mayor's Office Canadian Heritage City of Calgary Social Work Services CRA Outreach Program Dashmesh Culture Centre Family & Community Support Services (FCSS) Forest Lawn Hubs (Bob Bahan Arena) Service Canada Outreach Program Ward 9 Councilor Gian Carlo Carra WES- Mariam Assefa Fund

#### **Businesses**

CBC Project High Summit Immigration Consultancy

#### **Educational Institutions**

Ambrose University Mount Royal University University of Alberta University of Calgary

#### **Religious Groups**

Ahmediya Muslims Calgary Calgary Interfaith Council Catholic Diocese Champion Life Centre Jesus Hope of Glory Church

#### Media

Jag Punjabi J-GR2D Production & Entertainment Inc. Red. FM

# **Member Organizations**

Action Committee for Black Affairs Calgary Active Treatment African Canadian Immigrant Society African Community Association of Calgary Afri-Can Connect Society African Sudanese Association of Calgary Akuar Lang Juk Community Association of Canada Alberta Fil-Can Community Leaders Association (AFCLA) G10+ Alberta Rehabilitation-Integration and Care Services Altamas for Peace and Development Association Arriva House for Immigrant Women and Children Society **ARSII OROMO Self-Help Association** Association De La Communaute Haitienne De Calgary (Haiti Association of Calgary) Association of Colombian-Canadian Professionals of Alberta Association of Filipino Canadian in Mountain View County Association of Mexicans in Calgary Association of Mon Women of Canada Association of Pakistani Engineers in Canada BABAE: Council of Filipina Canadian Women Bafut Manjong Cultural Association Calgary Bahagahari Filipinx Bamdad Media Network Binam of Calgary- Bamileke Association Bor Community Association of Calgary Bridge International Church **BTO Foundation** Calgary Canadian Sudanese Community Association Calgary Chinese Elderly Citizens' Association Calgary Ethiopian Community Association Calgary Ethiopian Youth Alliance **Calgary Family Peer Connections** Calgary Filipino Methodist Church Calgary Hambastegi Cultural Association Calgary Japanese Community Association

Calgary Korean Women's Association Calgary Multicultural Seniors Association Alberta Calgary Nepalese Community Association Calgary Vietnamese Culture and Arts Association Calgary Vietnamese Mental Health Support Association Calgary Vietnamese Women's Association Calgary Vietnamese Youth Association Cameroonian Association of Calgary Cameroonian Canadian Association of Calgary Camrose Filipino Association Canadian Artists for the Poor Canadian Guatemalan Community Association Canadian Pakistani Support Group Canadian Zalmi Society CANAVUA (Canadians Volunteers United in Action) **Catalyst Family Foundation** Chilean Canadian Community Association of Calgary Chinese Professionals and Entrepreneurs Association of Calgary Clinique De L'Education LTD. Council of Sikh Organizations Dinka Language Development School Society **Diversecities Community Service Association** East Oromia Self-Help Community **ECSSEN** Career School Edmonton Philippine International Centre El sistema Calgary Multicultural Orchestra Foundation **Elder Services Corps Association** Eritrean Canadian Community Association of Calgary Eritrean Seniors Community Calgary Excel Family and Youth Society F.O.C.U.S. on Seniors Filipino-Canadian Women Multi-Purpose Cooperative Foundation for the Voice of Immigrants in Canada for Empowerment

Fountain of Orphans and Vunerable Women FRIENDS (Filipinos Rising for Inclusion and Equity to Nurture Democracy) Future Stars Cricket Foundation Galed Missions & Education Institute Global Parvasi (Immigrant) Seniors Society Green Crusader Inc. Diversity Magazine Haiti Alberta Sports et/and Culture Club Ltd. Haiti Association of Calgary Hands Lifting Hearts Initiatives Hindu Society of Calgary Imatari Otuho Community Association Immigrant Outreach Society India Canada Association of Calgary Intercultural Dialogue Institute Calgary Ireri-Mexican Latino & Cross Cultural Society, High River Islamic Association of Canadian Women Jamaican Canadian Association Alberta Jieng Community Association of Calgary Kingdom Life Ministries Calgary Ladies in the Family Foundation Latin American Women's Association Lebialem Cultural & Development Association Live For Humanity Foundation Madi Heritage Foundation Mapua Alumni Association, Alberta Chapter Migrante Alberta Association National Federation of Pakistani Canadians Nepalese Community Society of Calgary Nepalese Literary Society of Calgary Obra Prima Capoeira One Voice Canada Oromo Muslim Association of Alberta Outreach Program Canada Pakistani Canadian Cultural Association of Alberta Parent Support Network Philippine Calgarian Social Club Philippine Festival Council of Alberta

Pilipino Educators and Advocates Council Portail De L'immigrant Association Professional STAR Calgary Professional STAR Edmonton Purpose-Driven Human Services Society Raices del Peru Realize Your Potential Youth Society of Alberta Regroupment Afro-Calgareen des Jeunes Francophone Ruth's House Canada Salvadorian Community Association of Calgary Sankofa Arts and Music Foundation SARB Akal Music Society of Calgary Sayyoo Innovation SeeHaderah Association Somali Canadian Society of Calgary Somali Community Association South Asian Community Service (formerly Pakistani Immigrant Services & Wellness Society) South Sudanese Canadian Cultural Society South Sudanese Catholic Society of Alberta South Sudanese Community Action Group Step Forward Sweet Corner YYC The Color Factor The Immigrant Experience Show The MarriageAdvocates Canada The Oladele Foundation / African Cancer Support Group TKLL & Associate LPP Chartered Professional Accountants United Filipino Entrepreneurs Association of Alberta University of the Philippines Alumni Association of Alberta Women of Vision Society of Alberta Yard-Core Seeds of Life Yes Centre Yethka Voices Young Once Seniors Association of Calgary Youth Care Foundation Youth Helping Youth Calgary

# ActionDignity Team 2022-2023

### (As of March 31, 2023)

#### Staff

Anne Zabala Christina Furtado Francis Boakye Helen Zhang Henry Ngo Humaira Falak Isra Abdelrahim Jun Naraval Ligia Yanez Linh Bui Meriam Bravante Misker Adera Nga Dao Patricia Bernal **Ralph Scaglione** Reyme Kaur **Rodel Paguirigan** Rofiah Sarumi Sherry Huang Sukhwant Parmar Tina Belay Tsegay Gebrelibanos Wengel Kebede

#### Former Staff

Adanech Sahilie Angelo Bodoso Beng Ong Crystal Mulik Deep Braich Edwin Chavez Fauzia Khedri Gio Galang Hope Nzurum Jane Dang Jasmine Alsarraj Jing Han Joyce Paul Leonor Manuzon Mary Getaneh Prabh Malhi Promila Sharma Reiko Yamagishi Tyra Erskine Yan Lu









2022-2023



Our Actions Define Us







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